

Hey Soul Sister

Easy-Intermediate Clogging Line Dance
Music: Train (available on iTunes and elsewhere), 100 bpm
Begin left foot. Dashes in descriptions indicate separate beats.

Choreographers: Matt & Colleen Pearson, 2011
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INTRO: Wait 16 beats

PART A: repeats with same footwork facing each wall

(4) 1 Brush & Turn, 1/4 L DS-BrSl(1/4 L)-DS-RS (aka Rocking Chair)
(4) 4 1 Chase It DS-Sl St-Sl St-Sl St; move fwd (aka Dbl Step Skip 3)

PART B: repeats with same footwork facing back

(8) 1 MJ Tucker DS-DS(xb)-RS-(p or Loop)St(xb)-RS-DS-DS-RS
(4) 2 1 Chugalug, 1/2 R RF DS-KkPvt-(p)Sto-Kk/Dr Sl (aka Karate Turn)
(4) 1 Triple RF DS-DS-DS-RS

PART C1: repeats with same footwork facing back

(8) 1 Samantha, 1/2 R DS-DS(xf)-DrS(bk)-DrS(s)-RS-DS-DS-RS; turn R starting beat 4
(4) 2 2 Basics DS-RS
(4) 1 Simone Stomp DS-DS-StoSto(both feet on floor)-Dr(both)Sl(lift L foot)

PART D:

(16) 2 Turning Cowboys, 1/2 R ea. DS-DS-DS - BrSl(1/4 L)-DS(1/4 L) - RS-RS-RS
fwd turn 1/2 L back up

Repeat Part A [Brush & Turn, Chase It, repeat all 3 more times]

Repeat Part B [MJ Tucker, Chugalug, Triple, repeat all]

Repeat Part C [Samantha turn 1/2, Basics, Simone Stomp, repeat all]

Repeat Part D [2 Turning Cowboys]

Repeat Part D [2 Turning Cowboys]

Repeat Part C [Samantha turn 1/2, Basics, Simone Stomp, repeat all]

PART C2:

(8) 1 Samantha no turn
(4) 2 Basics
(4) 1 Simone Stomp

Repeat Part D [2 Turning Cowboys]

Repeat Part D [2 Turning Cowboys]

END:

(1) 1 Stomp + air guitar strum (p)Sto

ABBREVIATIONS:

D, Dt = DoubleToe	R, Rk = Rock	DS = Dt-Step	RS = Rock-Step
Br = Brush	Sl = Slide	Kk = Kick	Pvt = Pivot
Dr = Drag	Sto = Stomp		
L = left	R = right	xb = cross back	xf = cross front
p = pause	bk = back	s = side	fwd = forward